



Triangle Youth Ballet
Class Schedule and Dance Wear Requirements for 2010 - 2011

Stage One Age Level	Teacher	Classes
Level A 3-year-olds, 45 minute class Capezio White Tank leotard, pink tights or white socks and pink leather or canvas ballet shoes	Sharon McClellan Sharon McClellan Hannah Widener Hannah Widener	Monday 9:15 Tuesday 9:15 - 10:00 Saturday 10:00 - 10:45 Saturday 10:45 - 11:30
Level B 4-year-olds, 45 minute class Capezio (CATB142c) pink leotard, pink tights or white socks and pink leather or canvas ballet shoes	Sharon McClellan Sharon McClellan Sharon McClellan Sharon McClellan	Tuesday 10:00 - 10:45 Wednesday 2:45 - 3:30* Saturday 9:00 - 9:45 Saturday 9:45 - 10:30
Level C 5-year-olds, 1 hour class Capezio (CATB142c) light blue leotard, pink tights and pink ballet shoes	Sharon McClellan Audrey Fenske Sharon McClellan Sharon McClellan	Monday 4:00 - 5:00 Wednesday 3:30 - 4:30 Friday 3:30 - 4:30 Saturday 10:30 - 11:30
Level D 6-year-olds, 1 hour class Capezio (CATB142c) red leotard, pink tights and pink ballet shoes	Sharon McClellan Sharon McClellan Hannah Widener	Wednesday 4:30 - 5:30 Friday 4:30 - 5:30 Saturday 11:30 - 12:30
Level E 7-year-olds, 1 hour class Capezio (CATB142c) black leotard, pink tights and ballet shoes	Sharon McClellan Sharon McClellan Sharon McClellan	Tuesday 4:00 - 5:00 Saturday 11:30 - 12:30 Wednesday 3:30 - 4:30

Stage Two - Ballet Basics	Teacher	Class Times
Level A - 2 classes per week Motionwear #2518 Light Blue	Kate Vollrath Courtney Saffie	Mon. 4:00 - 5:00 and Wed. 4:30 - 5:30 Saturday 12:30 - 1:30
Extended Package: Jazz/Modern	Kate Vollrath	Monday 5:00 - 5:30
Level B - 2 classes per week Motionwear #2518 Royal Blue	Audrey Fenske	Tuesday and Thursday 4:00 - 5:00
Extended Package: Jazz/Modern	Audrey Fenske	Tuesday 5:00 - 5:30

Stage Three - Continuing Technique	Teacher	Class Times
Stage Three Level A - 2 classes per week Motionwear #2518 Pink	Audrey Fenske	Tuesday 5:30 - 7:00 and Thursday 5:00 - 6:30
Extended Package: Jazz, Modern, Character and Pre-Pointe	Audrey Fenske	Thursday 6:30 - 7:00
Stage Three Level B - 2 classes per week Motionwear #2518 Candy	Kate Vollrath	Monday 5:30 - 7:00 and Wed. 5:30 - 7:00
Extended Package: Introduction to Pointe Work	Kate Vollrath	Monday 7:00 - 7:30
Stage Three Level C - 2 classes per week Motionwear #2518 Black Cherry	Christine Grider	Tuesday 5:00 - 6:30 and Thursday 5:00 - 6:30
Extended Package: Pointe, Repertory, and Body Conditioning	Christine Grider	Tuesday 6:30 - 7:00 and Thursday 6:30 - 7:00
Level B and C Extended Package: Jazz and Modern Repertory	Kate Vollrath	Friday 4:30 - 5:30



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Stage Four and Company Class	Teacher	Class Times
Stage Four Level A - 2 classes per week Motionwear #2518 Red	Christine Grider	Monday 7:00 - 8:30 and Wednesday 7:00 - 8:30
Extended Package: Pointe, Repertory, and Body Conditioning	Christine Grider	Monday 8:30 - 9:00 and Wednesday 8:30 - 9:00
Stage Four Ensemble Dancers - 2 classes per week taken with Four A Motionwear #2518 White (by invitation only)	Christine Grider Lauren Lorentz de Haas and Kate Vollrath	Tuesday 7:00 - 9:00 and Thursday 7:00 - 9:00
Stage Four PTT - 4 classes per week Motionwear #2518 White (by invitation only)	Christine Grider and Lauren Lorentz de Haas and Guest Faculty	Monday 5:00 - 7:00 Tuesday 7:00 - 9:00 and Wednesday 5:30 - 7:30 Thursday 7:00 - 9:00
Company Class Mandatory attendance for TYB Ensemble Dancers and Professional Training Track Members. Jazz/Repertory	Kate Vollrath, Audrey Fenske Lauren Lorentz de Haas and Guest Faculty	Friday 5:30 - 7:30 Friday 5:30 - 7:30

Adult Class	Teacher	Class Times
Beginning Adult Ballet	Kate Vollrath	Monday and Wednesday 7:30 - 9:00
Intermediate Adult Ballet	Audrey Fenske Kate Vollrath	Tuesday 10:00 - 11:30 Thursday 10:00 - 11:30
Advanced Adult Ballet	Christine Grider	Monday 7:00 - 8:30 and Wednesday 7:00 - 8:30
Extended Package: Pointe, Repertory, and Body Conditioning	Christine Grider	Monday 8:30 - 9:00 and Wednesday 8:30 - 9:00

Updated January 2011, check back for updates and additions.