



# *Tips for Taking Dance Classes Online*

## **Wear Dance Wear**

Since you are two dimensional and much smaller on the screen than in person, it is necessary for you to help us see what muscles are working and your alignment.

## **Being Seen**

If the strongest light in the room is coming from behind you, you will be a dark silhouette. If the strongest light source is in front of you, your camera image is better. And we want to see you from head to toe, so check the distance and angle of the screen to be sure the camera gets all of you.

## **Mute Yourself (well really just your microphone)**

The Zoom platform was built for discussions and meetings and not teaching dance. When Zoom picks up sound from your microphone, Zoom fades the sound from another source. In this case, it is the music you are all trying to hear.

## **Unmute Yourself.**

As always, while in TYB classes, you are encouraged to ask questions.

## **Pin the person you want to follow.**

If you are more comfortable keeping your eye someone while dancing, pick that person and choose to “pin video” and that box will take your entire screen.

We understand that teaching a three dimensional art form in two dimensions with out any hands on corrections is not optimal. If you have any suggestions on how we can make this better, please let us know.

Thank you for continuing your classes with us!